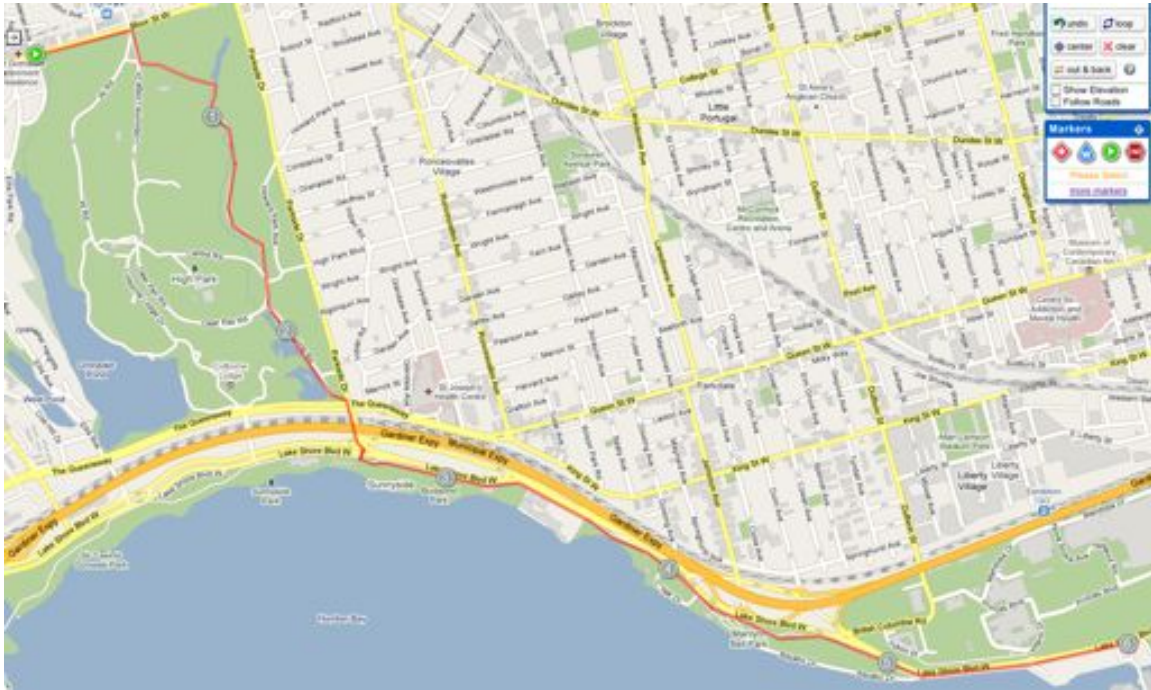
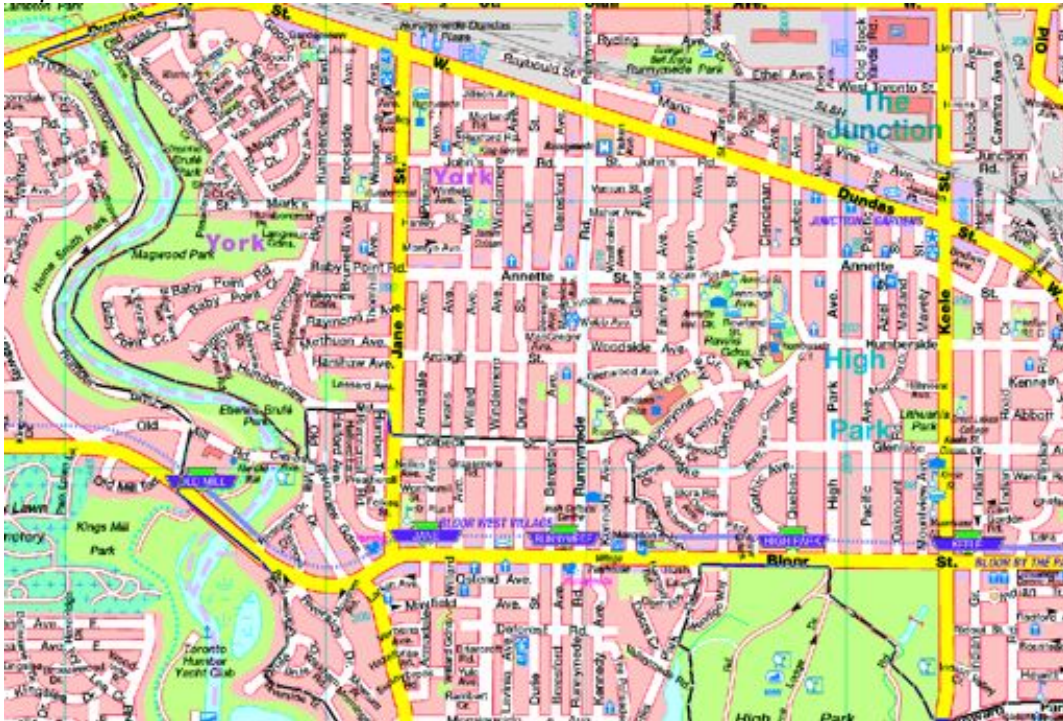


Martin Goodman to Ontario Place, 12 km (6 k out & back)



Bloor & Clendenan, into High Park, down Spring Road all the way to the little parking lot at the bottom, take Parkside down and cross carefully at the lights to get onto Martin Goodman Trail. Run east all the way to the steps of Ontario Place. Turn around!

Humber South, High Park, 12k or 16km
Map 1



Map 2

